

COURSE NAME: MHA180 Introduction to Substance Use

Credit Value: 3

Total Course Hours: 42

Prerequisite Course(s): None

Corequisite Course(s): none

COURSE DESCRIPTION

This course provides an introduction to the history of substance use, including its social and economic context. The course outlines various theories of substance use from their origins to present day, highlighting the cultural and societal influences that impact use patterns. This course examines the most prevalent drugs, the common myths surrounding addiction, and the state of current drug policy in Canada. An overview of substance abuse screening and assessment, treatment settings and approaches, and concurrent disorders is considered.

LAND ACKNOWLEDGEMENT

Canadore College resides on the traditional territory of the Anishinaabeg and within lands protected by the Robinson Huron Treaty of 1850. This land is occupied by the people of Nipissing First Nation, Treaty #10 in the Robinson Huron Treaty of 1850 since time immemorial.

PLAR INFORMATION

This course is eligible for Prior Learning Assessment and Recognition. Students are advised to discuss options with their program coordinator.

COURSE LEARNING OUTCOMES

Upon completion of this course, the student will have reliably demonstrated the ability to:

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| <p>1.0 Recognize the broad context of substance use in Canada, including general definitions, historical overview, trends in consumption, and impacts on mental health.</p> <p>1.1 Identify relevant terms such as drugs, use, abuse, harm reduction, addiction, and recovery, in the broader context of mental health.</p> <p>1.2 Outline a brief history relating to common categories of drug use.</p> <p>1.3 Describe the relationship between physiology, drugs, and the brain, and the impact of some drugs on the development of mental disorders, including substance use disorders.</p> <p>1.4 Locate the sections in the Diagnostic and Statistical Manual DSM-5 that define and describe the criteria for tolerance, withdrawal, and a range of substance use disorders.</p> <p>1.5 Describe consumption patterns in Canada with respect to alcohol, prescription, and illicit drug use.</p> <p>1.6 Describe the costs of drug use including a</p> | <p>wide variety of health and societal problems.</p> <p>1.7 Describe harm reduction as an approach to help manage substance use as a public health concern.</p> <p>2.0 Analyze the factors influencing substance use.</p> <p>2.1 Identify the various biological, psychological, social, and spiritual factors that influence drug-taking behaviour.</p> <p>2.2 Describe the individual factors which influence drug-taking behaviour such as genetics, personality, values, and beliefs.</p> <p>2.3 Explain how factors of the immediate environment such as family, school, peers, and community influence drug-taking behaviour.</p> <p>2.4 Outline external influences that shape drug-taking behaviour such as culture, economy, and societal values.</p> <p>3.0 Review the various myths and theories of substance use, and their influence on the development of various treatment responses.</p> |
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- 3.1 Identify the various myths about substance use.
- 3.2 Appraise the identified myths in terms of pervasiveness, and impact on substance use treatment and recovery.
- 3.3 Discuss a range of theories of substance use including moral, disease, genetic, sociocultural and integrated theory.
- 3.4 Identify the services and settings associated in the continuum of care for substance use treatment and recovery.
- 3.5 Differentiate between voluntary and non-voluntary treatment.
- 3.6 Discuss the key aspects of the following treatment modalities, including individual direct, broad spectrum, group, and family.
- 3.7 Analyze various models including the Biopsychosocial-plus model and the Medicine Wheel that conceptualize substance use for helpers and families.
- 4.0 Identify and describe screening and assessment processes for clients that acknowledge the behavioral, social, and family characteristics associated with substance use.
 - 4.1 Describe the behavioral and social characteristics related to tolerance and withdrawal.
 - 4.2 Outline the phases of chemical addiction.
 - 4.3 Outline the appropriate use of relevant screening and assessment tools such as the CAGE, ADAT, and GAIN.
 - 4.4 Describe the dynamics in the family system of a substance dependent person.
 - 4.5 Discuss the importance of social ties and family symptoms of substance use in the development of a comprehensive assessment.
- 5.0 Analyze Canadian federal and provincial drug laws in alcohol and drug prevention and deterrence, as reflected in policy and program development.
 - 5.1 Outline relevant federal and provincial laws.
 - 5.2 Trace policy and program development resulting from federal and provincial laws.
 - 5.3 Evaluate and report on the evidence surrounding the effectiveness of federal and provincial laws.

GENERAL EDUCATION

This is not a General Education course.

ESSENTIAL EMPLOYABILITY SKILLS OUTCOMES

This course contributes to the following Ministry of Colleges and Universities approved essential employability skills (EES) outcomes:

1. Communicate clearly, concisely, and correctly in the written, spoken, and visual form that fulfils the purpose and meets the needs of the audience.
2. Respond to written, spoken, or visual messages in a manner that ensures effective communication
4. Apply a systematic approach to solve problems
5. Use a variety of thinking skills to anticipate and solve problems
6. Locate, select, organize, and document information using appropriate technology and information systems.
7. Analyse, evaluate, and apply relevant information from a variety of sources.
8. Show respect for the diverse opinions, values, belief systems, and contributions of others
9. Interact with others in groups or teams in ways that contribute to effective working relationships and the achievement of goals.
10. Manage the use of time and other resources to complete projects.
11. Take responsibility for one's own actions, decisions, and consequences.

EXTERNAL COURSE ACCREDITATIONS AND CONDITIONS

There are no external accreditations or conditions identified for this course.

COURSE EVALUATION

Quizzes and Tests: 40%

Discussions and Reflections: 20%

Assignments and Presentations: 40%

No element of this course is optional. To receive a passing grade, all course work, tests/exams, and assignments must be completed satisfactorily.

PROGRAM SPECIFIC GRADING

Per College Grading System.

All evaluation items must be completed in order to receive credit for this course.

GRADING SYSTEM

A+:	90-100%	B+:	77-79%	C+:	65-69%	D:	50-54%	S - Satisfactory
A:	85-89%	B:	73-76%	C:	60-64%	F:	0-49%	I - Incomplete
A-:	80-84%	B-:	70-72%	D+:	55-59%			F- Repeat Course, included in GPA
								FS- Failure Supplemental
								FR- Repeat course, excluded from GPA

*For a complete chart of grades and descriptions, please see the Grading Policy.

LEARNING RESOURCES

No textbooks have been identified for this course.

Other Resources:

Required:

Csiernik, R. (2021). Substance use and misuse. Everything matters. 3rd edition. Toronto: Canadian Scholars.
ISBN: 9781773382296

Resources listed on the course outline support the achievement of learning outcomes, and may be used throughout the course to varying degrees depending on the instructor's teaching methodology and the nature

of the resource.

Technology requirements - <https://www.canadorecollege.ca/BYOD>

The Harris Learning Library's staff can help you find resources to support your learning - www.eclibrary.ca

LEARNING ACTIVITIES

PowerPoint presentations/lectures, videos and documentaries, in-class and hybrid discussions, student presentations, case study and skills practice.

DELIVERY MODE

This course may be delivered, in whole or in part, in a number of modalities, including in class, online, hybrid, in a synchronous or asynchronous manner or a combination thereof, as per accreditation and/or regulatory standards where appropriate.

RECORDING GUIDELINES

This class may be recorded by faculty of the College. Faculty will inform students when recording of the class commences and ceases. 'Recorded' means that the audio-visual and chat portions of the class will be recorded and then be stored on the College or vendor provider server. They will be made available to students, but only for the express and sole use of those registered in this course. If you have any questions or concerns about this recording, please contact your instructor or the College's privacy officer at privacy.officer@canadorecollege.ca. Full recording guidelines can be found at: <https://cdn.agilitycms.com/canadore-college/academic-centre-of-excellence/Canadore%20Recording%20Guidelines.pdf>

EXPERIENTIAL LEARNING & INTERPROFESSIONAL EDUCATION

All full-time programs of study at Canadore College strive to provide students with opportunities for experiential learning and interprofessional education. This course provides students with both experiential learning (EL) opportunities and interprofessional education (IPE) through:

- Workplace/Lab Simulation (EL)
- Core course content (IPE)
- Introductory case discussions (IPE)
- Large introductory gym event (IPE)
- Case discussions (IPE)

ACADEMIC POLICIES

Canadore College is committed to the highest standards of academic integrity, and expects students to adhere

to these standards as part of the learning process in all environments. The College's Academic Integrity policy seeks to ensure that all students understand their rights and responsibilities in upholding academic integrity and that students receive an accurate and fair assessment of their work. Please review the Academic Integrity policy (A-18) and other academic policies found on our website:
<https://www.canadorecollege.ca/about/policies>.

COLLEGE POLICIES

- Protecting human rights in support of a respectful college community

For college policies please see: <http://www.canadorecollege.ca/about-us/college-policies>.

STUDENT SUCCESS SERVICES - Your Success Matters!

Student Success Services provides student-focused services to facilitate students' success in their studies. Staff provide support by reducing and/or removing educational-related barriers through individualized accommodations and supports to students with disabilities.

Please visit our webpage to learn more: <https://www.canadorecollege.ca/support/student-success-services> or look for our events on social media.

To connect with Student Success Services email studentsuccessnow@canadorecollege.ca or call 705.474.7600 ext 5205.

FIRST PEOPLES' CENTRE:

A culturally safe environment offering CONFIDENTIAL student focused services, drop in or make an appointment to access:

- One on one counselling
- Elder in residence program
- Peer tutoring
- Peer mentorship
- Lunch & learn workshops on study skills, self-care, life skills
- Learning Resource Centre

Drop by our offices at C254 College Drive, E101 Commerce Court or call 705 474 7600 Ext. 5961 College Drive / 5647 Commerce Court.

<https://www.canadorecollege.ca/experience/indigenous-student-experience>

WAIVER OF RESPONSIBILITY

Every attempt is made to ensure the accuracy of this information as of the date of publication. The college reserves the right to modify, change, add, or delete content.

HISTORICAL COURSE OUTLINES

Students use course outlines to support their learning. Students are responsible for retaining course outlines for future use in applications for transfer of credit to other educational institutions.